

Vitamin A rich food



feel.connect



Tuna



Carrots



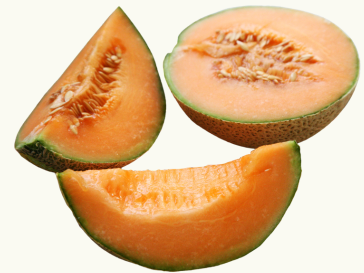
Butternut Squash



Lamb/Beef liver



Spinach



Cantaloupe Melon



Apricots



Sweet Potato