



Benefits of an Indoor Picnic

WHY

It is a great opportunity to **especially** encourage **learning, listening** and **conversation** skills.

How can you do this?

- Ask your child about the origin, selection, and preparation of the foods you are eating.
 - Think together about other ways to prepare those foods.
 - Invite her to recap what you needed to make the indoor picnic.
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- Ask her where else in the house the picnic could be held next time.
 - Ask her what was her favorite and least enjoyable part of the experience and **why?**
 - Share your experience with her as well.